CAPE TOWN SPURS F.C.

URBAN WARRIOR SCHOOLS AND ACADEMY PLAYERS

CODE OF CONDUCT

****** Please sign and return to : info@capetownspurs.co.za ******

1.INTRODUCTION AND COMMITMENT

This Code of Conduct is a fundamental document outlining the standards of behaviour and commitment required of all Cape Town Spurs F.C. Urban Warrior Schools and Academy Players. Adherence to this Code is essential for maintaining the Club's reputation, standards, and expectations.

2. COMPLIANCE AND DISCIPLINARY ACTION

The Player shall comply with all rules and regulations set forth by the Club. The Player acknowledges the Club's right to impose disciplinary action, including but not limited to suspension or expulsion, for any deliberate violation of this Code of Conduct.

3. ATTIRE AND EQUIPMENT

3.1. Kit Ownership and Responsibility

All kit issued by the Club shall become the property of the Player upon registration and shall remain theirs for the entire season. The Player is solely responsible for the care, maintenance, and replacement of their kit.

3.2. Approved Attire and Presentation

1. Only Club attire approved by the Club and its sponsors may be worn during football-related activities.
2. Players are expected to gradually transition their footwear to the Club's Partner Brand, Kappa, when an upgrade is necessary.
3. The Player serves as a brand ambassador for the Club. It is the Player's responsibility to ensure that all kit and attire are maintained in a neat, tidy, and presentable condition at all times, both on and off the field.

3.3. Training Kit Protocol

1. Each Player will be allocated a unique jersey number. Players are strictly prohibited from lending their kit, boots, or training shoes to any other player, or from using the kit or equipment of any other player. Each Player must utilize their own assigned equipment.
2. Any missing or damaged item must be reported immediately to the Coach. It is the Player's responsibility to replace any such item before the next scheduled training session.
3. Players must arrive at the Club fully kitted before the commencement of each training session.

3.4. Match Day Protocol

1. Youth Players shall arrive at all matches (home and away) wearing their designated match-day kit. Academy protocol on match days will be communicated at the necessary time.
2. If a Player possesses a Club-issued presentation tracksuit, they may wear it over their match kit upon arrival at the venue.
3. Upon leaving the dressing room, socks must be pulled up fully, and the playing jersey must be tucked into the shorts.
4. The cutting of socks is strictly prohibited. No tape of any sort is permitted around the socks, and the rolling down of socks is strictly prohibited.

3.5. Footwear and Safety

1. Boot laces must be tied at all times.
2. Boots must be removed before entering any Club building.
3. As boots are the Player's primary tools, they must be cleaned and maintained in good condition at all times.
4. It is the Player's sole responsibility to ensure they possess and wear shin guards during all training sessions and on match days.

3.6. Foundation Group Balls

Players in the foundation group will receive a ball as part of their registration pack. This ball is intended exclusively for home-based extra training and must not be brought to training sessions or match days.

4. FACILITY AND CONDUCT PROTOCOLS

4.1. Dressing Rooms and Equipment Management

1. Dressing rooms, when utilized, must be left in a clean and orderly state. Players are required to sweep and mop the floors if instructed to do so by the Coaches.
2. All training equipment (e.g., balls, cones, beacons) must be checked, collected, and stored neatly in the designated storage area or cage after each session. The Coach will verify that all equipment has been accounted for.
3. No Player may enter a dressing room alone without the express permission of the respective Coach.

4.2. Appearance and Accessories

1. No Player will be permitted to take the field or wear Club attire while wearing any jewellery or earrings.
2. No Player may wear a beanie or cap inside any Club building. Only branded Club caps and beanies may be worn during football-related duties, and they must be worn correctly and presented appropriately.
3. Tattoos are prohibited, and hair dyeing is prohibited.

4.3. Club Premises and Environmental Responsibility

1. Downstairs Passage Access: Youth Players are not permitted to walk through the middle corridor downstairs. When utilizing the gym, Players must proceed around the complex to the designated youth entrance nearest the staircase.
2. Canteen Protocol: In the event of a team sharing a meal, all Players from the same team must sit together at the same table and depart together once the meal is concluded. Players are responsible for keeping tables clean and behaving respectfully at all times. All plates and cutlery must be returned to the designated station after eating.
3. Environmental Responsibility: Players must dispose of all waste (including water bottles, wrappers, and any other litter) in the designated bins on Club premises and at away venues. Failure to do so will result in corrective duties assigned by the Coach.

4.4. Electronic Devices

1. Headphones are not permitted to be worn while wearing any Cape Town Spurs attire.
2. Cell phones are not allowed in the medical or fitness rooms, nor are they permitted during meal times in the canteen.
3. Players are strongly advised not to bring cell phones to training or match days, as their use is prohibited while at the Club. If brought, they must be handed to the Coach for safekeeping.
4. On match days, all phones must be switched off upon arrival at the venue.

4.5. Respect for Playing Surfaces

1. Scheduled Use Only: Players are strictly prohibited from being on the playing fields outside of their scheduled training or match times.
2. Field Transit: Players are prohibited from walking across a playing field once a match or training session has concluded. They must use designated paths to exit the area.
3. Protecting the Surface: Players have a responsibility to protect the playing surfaces. If a Player observes any guest or unauthorized person walking across the field, they must politely and respectfully intervene to direct the person to walk around the field instead of over it.

5. BEHAVIOUR AND CONDUCT

5.1. General Conduct and Respect

1. Players must exercise the utmost care in their choice of language, both on and off the field. They must conduct themselves at all times—particularly in public—in a manner that reflects positively on the Club and its members.
2. When encountering any guest, parent, staff member, or Club official, Players must greet them politely, maintain eye contact, and remain humble and respectful at all times, consistent with the Club's values.
3. Players must show absolute respect for all match officials and their decisions. Dissent, verbal abuse, or aggressive gestures are strictly prohibited.
4. Players must demonstrate exemplary sportsmanship towards opponents, teammates, and spectators at all times.

5.2. Prohibited Conduct

1. Anti-Bullying and Respect Among Peers: Bullying, harassment, intimidation, or any form of discriminatory behaviour (including but not limited to race, gender, religion, or sexual orientation) toward fellow Players, staff, or any individual associated with the Club is strictly prohibited. Any such incident must be reported immediately to a Coach or Club official.
2. Prohibited Substances: Smoking, the use or possession of snus, drugs, or any other banned substances is strictly prohibited. Any Player found in violation will be summoned to a Disciplinary Hearing (DC).
3. Stealing: Stealing will be treated with the utmost seriousness. Any Player found guilty will be summoned to a Disciplinary Hearing (DC). The Club reserves the right to refer the matter to the relevant legal authorities.

5.3. Media and Confidentiality

1. Social media posts that bring the Club, its management, Players, or technical team into disrepute are strictly forbidden.
2. Players are prohibited from filming or photographing training sessions, matches, or Club activities without prior express permission from a Coach or Club official.

3. The Player must not disclose any confidential information pertaining to the Club, including but not limited to team tactics, internal disciplinary matters, or proprietary training methods, to any unauthorized third party.

5.4. Club Vehicles

Club vehicles, when used, must be kept clean at all times. Any Player misbehaving in a Club vehicle may be removed from transport and subjected to disciplinary action.

6. ACADEMIC AND EXTERNAL ACTIVITIES

6.1. Academic Commitment

1. Players are required to maintain satisfactory academic performance and regular school attendance.
2. Failure to meet minimum academic standards or excessive absenteeism may result in restricted participation in Club activities until rectified.
3. Coaches may require Players to dedicate specific time slots for study during Club trips or camps.

6.2. School Sports Participation

1. Players may participate in football and other sporting activities at school.
2. Academy Players are strongly advised to refrain from participating in additional sports at school, given the strenuous Academy training schedule and the need for adequate physical recovery.

7. ATTENDANCE AND SCHEDULING

1. Notification of Absence: Players must notify their Coach of any inability to attend training or matches (including sickness or injury) at least 12 hours prior to the scheduled start time.
2. Training Arrival Time: On training days, Players must arrive at least 30 minutes before the scheduled start of the session. Late arrivals may be excluded from participation.
3. Match Day Reporting Time: On match days, Players must report at the exact time specified by the Coach.

8. HEALTH, NUTRITION, AND INJURY PROTOCOL

1. Nutrition and Hydration: Players must adhere to the Club's prescribed nutrition and dietary guidelines. Consumption of high-sugar drinks, fast food, and non-approved supplements is strongly discouraged. Players are responsible for maintaining optimal hydration levels.
2. Medical Treatment: An injured Player, while registered with the Club, may be examined by the Club's medical practitioner.
3. Financial Responsibility for Treatment: All costs associated with medical examination, treatment, and rehabilitation shall be borne by the Player.

4. Injury Reporting: All injuries, regardless of perceived severity, must be reported immediately to the Coach or Medical Staff at the time of occurrence.

5. Return to Training: Any Player returning from injury must present a medical certificate confirming fitness to the Coach before resuming training. Such Players will be progressively reintegrated into full training under the guidance of the Club's medical staff.

6. Medical Staff Private Practice: The Club permits its medical staff to consult Club-affiliated clients through their private practices, provided it does not interfere with their official Club duties.

9. ACKNOWLEDGEMENT AND AGREEMENT

By affixing their signature below, the Player and Parent/Guardian confirm that they have read, understood, and agree to abide by the above Code of Conduct at all times. They further acknowledge the Club's right to impose disciplinary measures, including suspension or expulsion, for any breach thereof, while understanding that no financial penalties will be applied.

Role	*Name of Player/Guardian*	*Signature*
Player _____	_____	_____
Parent/Guardian _____	_____	_____

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